



# News from Miss Tanner...



## Graduation!

Tuesday 6th November

5:15-8:30pm

Bonython Hall, The University of Adelaide,  
North Terrace

Please return your notes if you would like to  
come on the bus no later than Monday 29th  
October.

## Volunteers

Our students, staff and families are  
very grateful.

Anne: Library and classroom support

Paul: Mentoring students and Kitchen

Wayne: Mentoring students

Francine: Craft

Susie: Kitchen

Charlotte: Craft

Helen: Classroom support

Deborah: Classroom support



## Attendance

### Congratulations!

Our School goal: **93%**

The Department for Education Goal: **94%**

Our Attendance: **93.6%**

**We can make it to 94%**





<https://www.kidsmatter.edu.au/families>

## How to support children and yourself with healthy mental health.

- A stable and warm home environment
- Having supportive parents or carers and early childhood services
- Achieving developmental milestones
- Having an ambition to overcome challenges
- Routines and consistency in life
- Having support from a wide circle of family, friends and community members
- Build and maintain supportive relationships
- Talk together about how to best support you and your child
- Have a routine
- Help children understand challenges and hardship by being nurturing and supportive
- Acknowledge and listen to yours and your child's feelings
- Seek help and support as early as possible

